

LOS ANGELES ROAD RUNNERS

COACH DAVID LEVINE

- USA Track & Field Level 3 Certified Coach
- USA Triathlon Level 2 Certified Coach
- Ironman U Certified Coach
- Road Runners Club of America Level 2 Certified Coach
- Co-author of *The Complete Idiot's Guide to Marathon Training*



David A. Levine has served as Head Coach of the Los Angeles Road Runners since 2021. A former LARR pace leader, he is also a three-time Ironman finisher and 27-time marathon finisher. As a writer, certified endurance coach, and longtime leader in the Los Angeles running and triathlon community, Coach David has spent more than two decades coaching runners and triathletes of all levels.

Coach David's rules of training are simple - **RULE #1 Have fun and **RULE #2** if you're not having fun, it's time to change something.**

Coach David attends LARR every weekend - guiding pace leaders and members, providing course support, and answering questions. On race weekend, you'll find him at the start line helping the group feel prepared and at the finish line cheering them in. During the season, he also leads the Thursday evening Online Coach Chats.

Come meet Coach David at our next LARR event and talk to him about your goals as we get ready for the ASICS Los Angeles Marathon!



**CONTACT
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