# Los Angeles Marathon presented by ASICS <br> Professional Division Rules \& Technical Information 

The Race will be conducted under current USATF Competition Rules. The list of specific rules that are incorporated by reference is set out at the end of this document. By entering the race all competitors agree to abide by these rules.

Any competitor who fails to comply with the rules may be penalized or disqualified.

## Rule Highlights:

## Course Cutting

Competitors must stay on the race course which is defined as the roadway between its edges and curbs or as defined by marks or cones. Competitors who intentionally shorten the route of the race ("cutting the course") will be disqualified. (Rules $243.4 \& 163.6$ ). Any participant leaving the race course for any reason must re-enter the race course where he or she left it.

## Assistance

Any competitor who has been found to have gained an unfair advantage by receiving assistance will be disqualified. "Assistance" is the conveying of advice, information, or direct help to an athlete by any means, including a technical device. It also includes pacing by persons not participating in the event or by any kind of technical device including visible possession or use by athletes of video, audio, or communications devices in the competition area or during the race.

Competitors may carry or wear articles of personal equipment such as smart watches, wrist chronometers and heart-rate monitors that do not enable communications with others. Verbal or other communication, without the use of any technical device, from an individual who is not on the course shall not be considered assistance. Pacesetting, by a person entered in the event as an officially designated pacesetter, is permitted. A designated pacesetter is a competitor like all the others and is eligible to win the race.

## Headsets

Portable listening devices may not be used by competitors starting in the elite/professional corral or racing for prize money.

## Race Numbers

Race numbers must be pinned on the front of the runners' shorts/singlet and may not be folded, cut, or altered.

## Start Time \& Start Line

All competitors are responsible for knowing the start time of the event(s), for knowing the registration or checkin method utilized at the start, and for being at the start line at the appointed time for instructions and the start of the race. Competitors must be lined up behind the start line two minutes before the start time.

## False starts will not be recalled.

## Directions from Officials

Competitors must comply with all directions given by race officials including immediately retiring from the race if directed to do so by a race official or by an appropriately identified member of the race medical staff.

## Protests and Appeals

Any competitor in the 'professional divisions' of the race who intends to protest any matter that developed during the conduct of the competition should inform the Referee, Professional Athlete Coordinator or Race Director. All protests must be made in writing by the athlete, athlete's coach, or agent not later than 1 hour after the first runner in the competition to which the protest relates crosses the finish line. The 1-hour time limit supersedes the time limit specified in Rule 146, below.

If possible, the Referee (or the Games Committee) shall decide protests at once. If the nature of the protest or the necessity of obtaining testimony or evidence prevents an immediate decision, the protest shall be decided within one week.

## Applicable Rule Numbers

Rule 125 Referee;
Rule 119 Jury of Appeal
Rule 144 Assistance to athletes
Rule 145 Disqualification
Rule 165 Timing;
Rule 128 Timers;
Rule 163 Running Competition;
Rule 32 Doping;
Rule 142 Competitors - Check In;
Rule 143 Athletic Attire;
Rule 145 Disqualification;
Rule 146 Protests;

Rule 240 Course Certification;
Rule 241 Medical and Safety Concerns for Road Events;
Rule 242 Starting a Running Event;
Rule 243 Course Marking and Monitoring;
Rule 244 Finish Line,
Rule 245 Finish Line Recording and Timing;
Rule 246 Scoring Running Events;
Rule 265 Records Rules - Long Distance Running Events.

## Prize Money

Prize money will be awarded based on gun times. Women must start in the designated pro women/elite age group start to be eligible to win prize money. Women starting in the 7a.m. wave or later waves are not eligible to win prize money.

Note: As the elevation of the finish of the Los Angeles Marathon is more than 1 meter per kilometer lower than the start and as the finish is separated from the start by a distance greater than $50 \%$ of the race distance, performances in the Los Angeles Marathon are not eligible to be ratified as records.

